

Kansas Department of Health and Environment

Child Care Licensing and Registration Program
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Child Health Assessments

Your child should be seen during the preschool years by a health professional according to the following schedule:

At Birth	6 Months	18 Months	Then 1
1 Month	9 Months	24 Months	per year
2 Months	12 Months		until the
4 Months	15 Months		age of 20

Every child should be seen at least 13 times from birth to school entry. A careful examination of the eyes and ears should be included in the assessment.

Dental Health

A child's initial visit to a dentist should take place within 6 months after the first tooth can be seen, but no later than 1 year of age. Following the initial visit, regular check-ups should be scheduled every 6 months (or twice a year).

In communities where the drinking water is not fluoridated, a dentist should be consulted about an age appropriate fluoride treatment plan.

Social-Emotional Health

Caring for your child's social and emotional health is also an essential part of raising a healthy child. To learn more about age appropriate development tasks as well as ideas for encouraging healthy social and emotional growth, visit:

www.brightfutures.org/mentalhealth/pdf/tools.html#families

Safety

Providing your child with a safe environment to grow is an important part of raising a healthy child. For information about safety precautions and more, visit:

www.kdheks.gov/safekids/

Well-Child Visits Should Include:

- A. Discussion of your child's physical and behavior problems with the physician.
- B. A Health Assessment of your child by the physician or nurse approved to perform Health Assessments.

Including important screenings such as vision, hearing and blood tests.
- C. Immunizations

Make sure your child has the necessary immunizations for his/her age. This is important for your child's health.

Many childhood diseases can be prevented with regular health care visits and up-to-date immunizations.

Discuss with your child's physician the appropriate course of immunizations.








Your child's physician will also provide you with Vaccine Information Statements (VISs) prepared by the Centers for Disease Control (CDC) regarding certain vaccinations your child will be given.

Repeat immunizations as recommended by the Kansas Department of Health and Environment.

Your child's physician may also discuss new vaccines with you as they become available.
- D. Discussion of your child's health history since the last visit.
- E. Written instructions concerning your child's care, diet and recommendations for the solution of any special health problems.
- F. Referrals when necessary to other persons for special services.
- G. Appointment for next Well-Child Visit.



Recommended Immunizations for Ages 0-5 years

 At Birth	HepB
 2 months	HepB + DTaP + PCV + Hib + Polio + Rota 1-2mos
 4 months	DTaP + PCV + Hib + Polio + Rota
 6 months	HepB + DTaP + PCV + Hib + Polio + Rota (Influenza) 6-18mos* Annually^
 12 months	MMR + PCV + Hib + Varicella + HepA DTaP 12-15mos* 6 mos after 3rd dose
 18 months	HepA 6mos after dose 1
 5 years	DTaP + MMR + Polio + Varicella

Vaccine Descriptions:

HepB: protects against hepatitis B

DTaP: a combined vaccine that protects against diphtheria, tetanus, and pertussis (whooping cough)

Hib: protects against *Haemophilus influenzae* Type b (is not the "flu" vaccine)

PCV: protects against pneumococcal disease

Polio: protects against polio, also known as IPV

Rota: protects against infections caused by rotavirus

Influenza: protects against influenza (flu)

MMR: protects against measles, mumps, and rubella (German measles)

Varicella: protects against varicella, also known as chickenpox

HepA: protects against hepatitis A

*This is the age range in which this vaccine should be given.

^Influenza is a seasonal vaccine. All children between the ages of 6 months and 18 years should receive vaccination during the influenza season **each year**. If this is the first time for flu vaccine, a child should receive two doses, separated by at least 4 weeks. If a child only received one dose in the first season, they should receive two doses the next season

Note: If your child misses a dose of the needed vaccines, you don't need to start over. Just make an appointment quickly to go back to your doctor for the next shot. The doctor will help you keep your children up-to-date on their vaccinations so they are fully protected against many diseases.

For more information call: (785) 296-1270 KDHE CCLR or (785) 296-5591 KDHE Immunization Program

Or visit: <http://www.kdheks.gov/bcclr/index.html> or <http://www.kdheks.gov/immunize/index.html>

Kansas Department of Health and Environment— Child Care Licensing and Registration Program & Immunization Program

